



September 2020 marked the 10-year anniversary of the Lunder-Dineen Health Education Alliance of Maine. Over the past decade, the Lunder-Dineen team has taken a noble vision and turned it into a thriving, expanding initiative. A key part of that success is an amazing partnership between Massachusetts General Hospital, the Lunder Foundation and the health care community in Maine.

The initiative started with a vision from the Lunder family and Lunder Foundation to improve the health and well-being of Maine residents by providing high-quality, continuing health education to Maine health professionals and the communities they serve. In line with its history and teaching mission, Mass General committed to help its neighbors from the north and lend its expertise in teaching and education. Yet it also made a commitment to learn from Maine and create education that is tailored to the fabric of health care delivery at the local level.

Throughout the initiative, Lunder-Dineen built lasting relationships with frontline clinicians, administrators, and policy makers. It created trust and collaboration that molded an interprofessional, statewide approach to health education. Over 10 years, the Lunder-Dineen Team spent countless hours all across Maine meeting with health care experts and practices.

- **150+** stakeholder meetings
- **1,700** health profession learners
- **100,000+** miles traveled on roads in Maine

Lunder-Dineen shaped three innovative health education programs that support frontline health care professionals in Maine. These programs offer interprofessional training that helps improve care for Maine residents. Many people invested tireless work over 10 years to concept and build these programs. The Lunder-Dineen team convened three, statewide Advisory Teams to share best practices, develop curricula, deliver training, and bring these programs come to life. These volunteer teams include experts from academia, frontline practices, health systems, and more.

The programs also received volunteer guidance from experts across Mass General. It involved executives and clinical experts from Nursing and Patient Care Services, the Norman Knight Nursing Center, the Yvonne L. Munn Nursing Center, Home Base Program, Research Recovery Institute, the Institute of Health Professions and many more centers and departments. They shared knowledge on clinical care, education, technology, development, and much more.

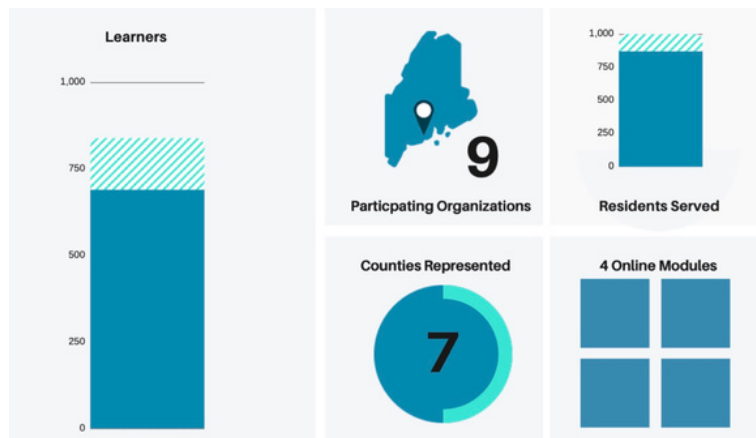
We led a multiyear, statewide effort to build and launch our education programs. They now actively benefit health care professionals and residents in Maine every day. It is a proven model to create sustainable, education-based solutions to public health challenges.

MOTIVATE

Maine's Oral Team-Based Initiative: Vital Access to Education

Oral health disparities exist for older adults. This program provides interprofessional teams in long-term care with education to advance their knowledge, skills, and attitudes about oral health. It has delivered:

- 700+ professionals trained
- 22 faculty-led workshops
- 60 in-person consultation sessions
- 900+ residents served
- 1,700 oral health kits supplied for residents



*striped area reflects projected data by end of 2020

Program Impact:

- Evaluation results affirm that oral health education and practice support results in immediate knowledge gains and influences care delivery.
- The majority of learners (80%) reported increased knowledge as a result of taking the online modules.
- After completing the module focused on staff roles in the delivery of oral healthcare, 84.5% of participants indicated that they were able to identify the specific oral health care role each member of an interprofessional team provides.
- Upon completion of the live workshop, 98.6% of individuals indicated that the workshop helped them to identify the warning signs of an oral health problem.

"In March of 2018, The Cedars made a commitment to improve oral care for our residents within our community. Our goal, in conjunction with the program of Lunder-Dineen Health Education Alliance of Maine and Massachusetts General Hospital, has helped us achieve a gold standard of care. MOTIVATE was the program we'd been waiting for because it was especially geared to oral health in a long-term care setting. Our mutual goal was to improve and protect the oral and systemic health of our residents using an evidence-based program."

I would like to thank the Lunder-Dineen Health Education Alliance of Maine and Massachusetts General Hospital for making our goal a reality."

Angie Hunt, Chief Operating Officer, The Cedars



To Support Us:

MOTIVATE is working to solve a major public health challenge in Maine. This is not a not quick fix. And in Maine, we know about commitment and resilience. We want to get this job done right and see a healthy Maine now and for generations to come. With your support we can:

- Bring this program to more nursing homes across Maine
- Expand educational materials and innovative (virtual) delivery models
- Supply nursing homes with new oral health kits for residents
- Explore bringing the program to additional audiences needing this information

Please contact Bob O'Brien RHOBRIEN@PARTNERS.ORG for information about how you can support this important work