

HEALTH Education is Powerful Medicine

# ANNUAL REPORT 2015

# **DEAR FRIENDS AND NEIGHBORS**

#### Health Education is Powerful Medicine.

E BELIEVE that quality ongoing professional education empowers health care teams in Maine to provide the best care possible. Over the past five years we've met with health care professionals across the state to identify gaps in health education and respond to those gaps. The fourth annual report from the Lunder-Dineen Health Education Alliance of Maine (Lunder-Dineen) shares the exciting progress our team is making on a number of strategic initiatives.

We are most proud to announce that in September 2015 we launched our **Maine Nursing Preceptor Education Program**. A preceptor is a title used in nursing to represent the role of an experienced nurse who guides the transition to practice of a nursing student, newly graduated nurse or experienced nurse and invests in their successful integration into the work setting. This premier, statewide, cost-free program advances and strengthens the knowledge, skills and practices of nurse preceptors. This addresses a critical need across Maine, as 52 percent of nurses over the age of 50 are not planning to remain in the workforce beyond five years. We congratulate the visionary team of nursing and professional development experts who worked with us to develop and launch this highly requested educational program. You can learn about the need and value of this program on pages 24-27.

Two other strategic priorities for us include unhealthy alcohol use education and oral health education. Our pilot projects in these areas are intended to fill identified education gaps to help interprofessional teams provide the best care possible. **MOTIVATE**, our oral health initiative, is designed to address the critical oral health needs of older adults residing in longterm care settings across Maine. **Time to Ask**, our alcohol education initiative, is designed to raise awareness about unhealthy alcohol use among Maine residents – from adolescents to older adults – and to inform care providers about evidence-based methodologies to address this important public health need. Our interprofessional, volunteer Pilot Advisory Teams represent hospitals, long-term care, private practices, and academia. Their guidance ensures

# IN MAINE,

our education is developed with interprofessional perspective and truly tailored to the grassroots needs of Maine to address identified knowledge gaps in health education.

We also want you to know other ways that we are investing in the future of Maine's health care landscape. On page 16 you can see how we're supporting the development of emerging leaders across professions.

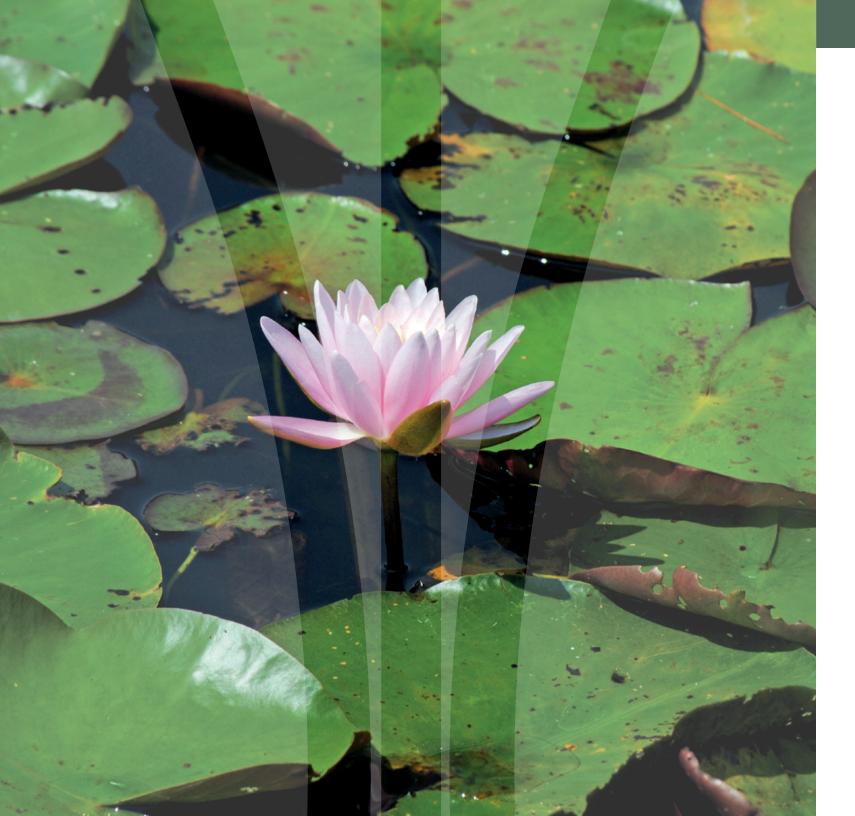
All of this work would not be possible without the vision, passion and commitment, and ongoing support of Peter and Paula Lunder, the Lunder family, and the Lunder Foundation. Their grant established Lunder-Dineen in collaboration with Massachusetts General Hospital more than five years ago. All of our efforts are aimed at turning their vision for a healthier Maine into a reality. We hope you will join the call-to-action delivered by Marjorie Lunder-Goldy on page 22.

We are proud that our innovative health education program is the only one of its kind nationwide between a large academic medical center and a neighboring state. It embodies the poignant ideal of Mass General founders Drs. James Jackson and John Collins Warren that "When in distress every man becomes our neighbor."

We look forward to continuing to demonstrate that health education is indeed powerful medicine.

James J. Dineen, MD Jeanette Ives Erickson, RN, DNP Robert J. Birnbaum, MD, PhD





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# **OUR STORY**

THIS INNOVATIVE PROGRAM IS THE ONLY ONE OF ITS KIND NATIONWIDE BETWEEN A LARGE ACADEMIC MEDICAL CENTER AND A NEIGHBORING STATE.



### VISIONARIES

The Lunder-Dineen Health Education Alliance of Maine, founded in 2011, is the product of a shared vision between Peter and Paula Lunder of the Lunder Foundation and Massachusetts General Hospital – a vision based around the value of education to advance health and well-being.

## EXECUTIVE LEADERSHIP

To support this unique program, Mass General has committed executive leadership from across the hospital to advise Lunder-Dineen. The executive team provides a broad base of expertise and dedication to the Lunder-Dineen mission.

> Standing: Robert J. Birnbaum, MD, PhD; R. Gino Chisari, RN, DNP

> > Sitting: James. J. Dineen, MD; Jeanette Ives Erickson, RN, DNP



# **OUR STORY**

## FOCUS AREAS

Three focus areas we've identified from our statewide needs assessments:

- Behavioral health/substance use/ mental health
- Nursing leadership
- Older adult health

## **GUIDING PRINCIPLES**

We use the following guiding principles when responding to identified health education needs:

- **Convening and collaborating with** stakeholders
- Creating Maine-tailored, evidence-informed education
- Engaging interprofessional teams
- Offering education at no cost to learners
- Aligning with the goals of the Triple AIM -efficient, effective and patient centered



- MASSACHUSETTS GENERAL HOSPITAL
- ► THE LUNDER FOUNDATION
- ► MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER
- ▶ PARTNERS HEALTHCARE OFFICE OF CONTINUING PROFESSIONAL DEVELOPMENT
- ▶ MASSACHUSETTS GENERAL HOSPITAL DEVELOPMENT OFFICE



- ► HEALTH CARE PROFESSIONAL ORGANIZATIONS
- ► HEALTH CARE SYSTEMS
- ► LEGISLATORS
- ► ACADEMIA
- ► COMMUNITY PRACTICES
- ► HOSPITALS

HOLDERS

► LONG-TERM CARE ORGANIZATIONS



AKE

- ► INDIVIDUAL HEALTH CARE PROFESSIONALS
- MAINE RESIDENTS

# ▶ NORMAN KNIGHT NURSING CENTER FOR CLINICAL & PROFESSIONAL DEVELOPMENT ▶ RED SOX FOUNDATION AND MASSACHUSETTS GENERAL HOSPITAL HOME BASE PROGRAM

Lunder-Dineen's relationship with Mass General, the original and largest teaching hospital of Harvard Medical School, builds upon Mass General's mission to partner with its neighbors to build, improve and sustain health care delivery and healthier communities.

Since the hospital's founding, Mass General has been committed to training and mentoring the next generation of international leaders in science and medicine.

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# MEET THE TEAM



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INCE our founding in 2011, our success is due in large part to our dedicated team of employees and Massachusetts General Hospital's executive leadership. The Lunder-Dineen Operations Committee consists of full-time and part-time employees, as

well as volunteer support from an interdisciplinary team of executives from across Massachusetts General Hospital who lend their time to

Learn about all our team members and their expertise at lunderdineen.org/ meet-team.

advance our mission. This team convenes regularly to review overarching areas such as education, outreach, operations and sustainability. Specific topics include strategic planning, program evaluation and philanthropic outreach.



Co-chair



James J. Dineen, MD Jeanette Ives Erickson, RN, DNP Co-chair



Labrini Nelligan, MS Executive Director

Denise O'Connell, LCSW, CCM, CCP Senior Program Manager



Robert Birnbaum, MD, PhD Co-chair



Gino Chisari, RN, DNP Chief Learning Officer - Nursing





Carole MacKenzie, RN, BSN. MEd Professional Development Specialist

# **EMPLOYEE SPOTLIGHT:**

ENISE O'CONNELL is senior program manager for the Lunder-Dineen Health Education Alliance of Maine.

Since joining us in 2011, Denise has traveled the state as the 'face of Lunder-Dineen.'



meeting with hundreds of health education stakeholders – clinical, administrative and policy leaders at hospitals, community practices, associations, advocacy groups, and more. These stakeholder relationships help Lunder-Dineen identify gaps where health education can enhance and amplify

> the strong work already being done by health care experts in Maine. She has been instrumental in the foundational work and progress on all of our strategic health education initiatives.

Denise is a perfect fit in the role of relationship builder. She often captures the essence of our projects and stakeholders across Maine through pictures taken during her travels. In fact, almost all the photography featured in this annual report, on our website and on our social media platforms are thanks to Denise. Her photos

# **DENISE O'CONNELL**



capture the beauty and vitality of Maine and also tell the story of what we do and how we do it. She was recently featured on the cover of Women's Quarterly, a special section of the Kennebec Journal.

Denise has an accomplished background as a certified case manager and licensed clinical social worker, with strong interest in health education, chronic care case

management, and brain injury rehabilitation. A lifelong Maine resident, her experience includes management of interprofessional teams and providing social work, case management services and support to patients and families across a variety of health care settings.

Denise is a current member and past president of the Maine Chapter, Society for Social Work Leadership in Health Care and she serves as the nominations chair and on the annual conference planning committee. For her commitment to the social work field, she was twice awarded the chapter's Social Work Leader of the Year Award. She is also an advisory board member of Penobscot Community Health Care's Unlimited Solutions Club House, and a former member of the Governor-sanctioned Acquired Brain Injury Advisory Council of Maine. She is a graduate of the University of Maine and holds a B.A. in social work and a Master of Social Work degree.

# **ADVISORY COMMITTEE**



George Campbell President, University of Southern Maine Foundation



Jack Emory President. The Lunder Foundation



Paul S. Goodof Consultant to Nonprofits and Private Trustee



Admiral Gregory Iohnson USN-Ret.



Marjorie Lunder Goldy The Lunder Foundation



Robert McAfee, MD former President, American Medical Association, retired Maine Medical Center surgeon



Noah Nesin, MD, FAAFP Chief Medical Officer, Penobscot Community Health Center



Mark Vogelzang President & CEO, Maine Public Broadcasting Network (MPBN)

## THESE ARE DYNAMIC TIMES IN HEALTH CARE

We are working to transform the delivery system to meet the Triple AIM, change the reimbursement structure to support that transformation, evolve the functional roles of physicians and other providers as they become members of a larger team working to address health and illness more collaboratively and comprehensively, and at the same time maintain financial viability and integrate new knowledge into our endeavors. It is at once a daunting and compelling undertaking. As a family doctor, a clinical administrator and a member of the Lunder-Dineen Advisory Committee, I have witnessed the impact that their mission has in helping health care workers and systems navigate these challenging times. Providing easily accessible, clinically meaningful and highly relevant training specific to the needs of Maine is not only a valuable practical knowledge resource, it is also a source of resiliency for the health care work force. And that will help us all to sustain our mutual efforts in serving the people of Maine as we move forward.

> Noah Nesin, MD, FAAFP Chief Medical Officer Penobscot Community Health Care

#### IN MEMORIAM

Larry Pugh Trustee, Colby College



## SUPPORTING PILOT ADVISORY **TEAM MEMBERS AND** EMERGING LEADERS

"I am so thankful to Lunder-Dineen for sponsoring my attendance at the MGH Gordian Knot of Healthcare conference. Thank you for this wonderful opportunity. I already shared my takeaways with my second degree students. Inspiring and educational. Thank you!"

Su Sepples, RN, PhD Associate Professor of Nursing University of Southern Maine

N ANTICIPATION of the growing demand for clinicians across all professions and disciplines to participate in lifelong learning, Lunder-Dineen supports the development of pilot advisory team members and emerging leaders in health care.

One model for doing so is our Maine Nursing Preceptor Education Program. We invited emerging leaders from across practice settings to join our Pilot Advisory Team and have an active role along-

side experienced nursing professionals. Our goal is to bring them to the table and ensure that they have access to the continuing education they need to make a difference as future leaders in our state. We plan to use this model on all subsequent Lunder-Dineen strategic initiatives.

This year, Lunder-Dineen supported the participation of pilot advisory team members and emerging leaders at several national educational programs. This expands their knowledge, allows them to partner with experts in their professions, and helps bring back insights that benefit colleagues in Maine.

- American Society of Addiction Medicine Annual Conference
- Healthcare and the Gordian Knot: Preparing to Lead Through Unprecedented Change, Challenge, and Complexity
- **D** Substance Use Disorders: A Comprehensive Review and Update

EDUCATIO

Labrini Nelligan, MS; Mary Carol Jarmusz, RN. Maine Medical Center

We will continue to support the professional development of emerging leaders. Our goal is to not only improve the health of Maine residents today, but to make it sustainable through a framework of health education for the 21st century.

"Attending the 2015 American Society of Addiction Medicine conference was an excellent educational opportunity. I was able to spend one day learning the basics of addiction medicine using small group and case-based learning. The conference was very informative with amazing speakers, and I gained knowledge that I was able to put to use immediately. I am grateful to both Lunder-Dineen and the Maine Medical Association for the opportunity to attend the conference."

Elisabeth Fowlie Mock, MD, MPH, FAAFP Adult Hospitalist, Eastern Maine Medical Center

"Thanks to Lunder-Dineen, I attended the American Society of Addiction Medicine's Fundamentals of Addiction Medicine course and their annual conference. The additional knowledge I gained about the disease of addiction has proved valuable in my own practice as a physician assistant. I also extend that knowledge to other clinicians as I teach with the Maine Independent Clinical Information Service. This is vital to improving clinician understanding of the disease of addiction."

> Erika Pierce, MMSc, PA-C **MICIS** Detailer Maine Medical Association

# SUPPORTING A DEMENTIA CAPABLE MAINE

Find and use all of these resources at lunderdineen. org/dementia.

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LDER adult health is a critical health issue for everyone in Maine, as it has one of the oldest populations in the country.

Lunder-Dineen is proud of our collaboration to help health care professionals find educational resources on dementia.

Working with renowned Maine experts Roger A. Renfrew, MD, FACP, and Clifford Milo Singer, MD, Lunder-Dineen was able to extend the value of their dedicated work. We contributed a dedicated page on our website to find screening tools, cognitive function assessments, medication reviews, and other resources on caring for individuals with dementia.

Many of these resources are part of the Maine Dementia Capable Service Systems (MEDCAPS) project, which is a three-year grant funded by the HHS Administration on Community Living to the Office of Aging and Disability Services (OADS) of the Maine Department of Human Services. The overall goal of the grant is to create and sustain a

dementia capable home and community-based system with a single point of entry/ no wrong door access for a person with dementia and their care partner(s).



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#### RESOURCES

adds - Clinical Tools for Annual Wallmars Mick udes links to Minicols Kats ADL Lewton IADL MCIS



Eight item informant interview, alto available on the

Altheimer's Association app

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ntias: The Triple AIM and the

Tip Shee

eatured Courses

View all availabl der adult health co

# HAVE BEEN FORTUNATE

to work with the Lunder-Dineen Health Education Alliance of Maine on projects related to dementia care over the past three years.

I must admit to a certain amount of skepticism when I first heard of an organization based at Massachusetts General Hospital coming to educate Maine providers. What I discovered is a highly respectful and highly collaborative organization. Much of their work has evolved from their needs assessment identified by Maine providers. They are flexible in providing different forums for education.

Lunder-Dineen has been able to support technical needs and provide website support for work that Cliff Singer, MD, and I have been doing to provide support to primary care practices in caring for patients with memory problems.

They have walked the walk of their commitment to 'establish relationships with Maine's health care leaders to enhance and support their educational efforts and to better understand opportunities for collaboration."

> Roger A. Renfrew, MD, FACP Medical Director Geriatrics Systems MaineGeneral Medical Center

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# HEALTH EDUCATION IS POWERFUL MEDICINE

### **OUR ONLINE COURSE CATALOG**

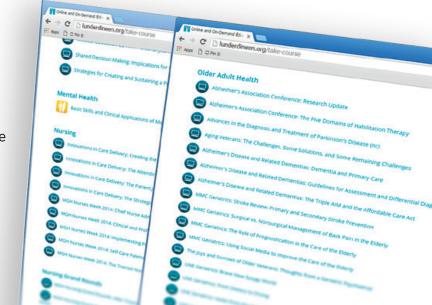
► For a full listing of courses in our online catalog, please visit lunderdineen.org/ take-course.

E COLLABORATE with experts in Maine and beyond to disseminate existing education to a wider audience through our website. This allows professionals from across the state to

access the same high-quality, on-demand education at no cost. We also provide access to education on a variety of topics developed by Massachusetts General Hospital. Many of these programs provide continuing medical education credits for family physicians, nurses, psychiatrists, social workers, and other health care professionals in Maine. Featured courses include:

- Affordable Care Act Overview
- Alzheimer's Disease and Related Dementias
- Emergencies of Falls and Balance
- **Emergency Care of Patients with Dementia**
- Innovations in Interprofessional Care
- Oral Health and Older Adults
- Motivational Interviewing
- Strategic Imperative for ٥ Innovation

We continue to monitor and implement best practices in the science of learning and apply those to our online learning platform. We look forward to sharing our future plans for online learning.



# WE BELIEVE

Lunder-Dineen demonstrates the commitment of the Lunder family and foundation to the state of Maine and the health and well-being of its residents. As a stakeholder in Maine, we invite you to join our vision by supporting the growth of our important program.

> Marjorie Lunder Goldy The Lunder Foundation

# JOIN US

HILE our education is provided at no cost to participants, there are costs involved in creating it. We need your help to continue to develop education that is designed by and for Maine health care professionals who use it every day, from Sanford to Fort Kent. Please join with us and expand upon the generosity of the Lunder family and Massachusetts General Hospital to make high-quality health

education a sustainable benefit.

#### The attached card lets you make a gift to Lunder-Dineen right now.



The Lunder-Dineen Advisory Committee meeting at Massachusetts General Hospital in 2015 on the steps of the historic Bulfinch Building.

► Have questions about giving? Email Labrini Nelligan, executive director, at labrini@ lunderdineen.org.



"I would like to take this opportunity to again express my sincere thanks for being a part of the successful launch of the Fall 2015 Maine Nursing Preceptor Education Program. It is an amazing program that will significantly impact the successful transition of newly licensed nurses to the practice environment."

Marcia Parker, RN, MS, CNE

# FEATURED EDUCATION NURSING PRECEPTORSHIP

HE NURSING workforce in Maine faces significant challenges. Fifty-three percent of nurses are age 50 or older, and 52% are not planning to remain in the workforce in five years. The retirement cliff is expected to be even steeper for nursing facult help support, retain and transition nurses, we re nursing preceptor education program that was in



is expected to be even steeper for nursing faculty. To address this need and help support, retain and transition nurses, we recently launched a statewide nursing preceptor education program that was informed by academic and clinical thought leaders from both Maine and Mass General. This premier, statewide, cost-free educational program addresses a critical need across Maine to advance and strengthen the knowledge, skills and practices of nurse preceptors.

> Precepting is a period of practical, guided training when a new nurse, or a nurse transitioning fields, applies the knowledge learned in school to clinical practice under the supervision of an experienced nurse. **Continued**



"Thank you for inviting me to be on this advisory committee and be a part of this program. It has served as a wonderful learning experience for me and I truly appreciate being able to meet and network with the strong nursing leaders from around the state. I am honored to have brought the Northern Maine, generation Y, perspective to the group."

Melissa Stoliker, RN, BSN

 Learn more about our statewide advisory team, curriculum and more at lunderdineen.org/preceptorship.

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# NURSING PRECEPTORSHIP

UR blended learning program consisted of nine, easy-to-use online modules and one-day live workshops. We thank the Husson University School of Nursing in the College of Health and Education for hosting our Bangor live workshop, and the University of New England Department of Nursing and Westbrook College of Health Professions Dean's Office for hosting our Biddeford live workshop.

We also thank the staff nurses who participated in the fall 2015 program. They represented geographic areas, care settings and health systems from across the state.

The program will be evaluated over the next few months and will launch again in spring 2016.

Stress experienced by novice nurses is a risk factor for patient safety and practice errors.

(National Council of State Boards of Nursing)

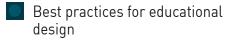


Inspire. Teach. Guide. Invest.





#### PROGRAM BUILDING BLOCKS



- Blended learning model
- Educational partnership with academia and practice
- Applicable across the continuum of care
- Preceptor support
- Orientee support
- Support for the mission and goals of health care organizations

\*Muskie School of Public Service Nurse Preceptor Pilot, Evaluation Report \*\*Maine Nurse Resource Inventory, 2008-2010



had received

no formal preceptor

education\*

of nurses are not planning to remain in the workforce in five years\*\*

of Maine preceptors surveyed in 2012 felt somewhat or poorly prepared to precept\*

#### TARGET AUDIENCE

Experienced RNs interested in developing the knowledge, skills and abilities to guide and support newly graduated nurses, nurses transitioning to new practice settings and nursing students completing senior year clinical placements.

► Approximately 25% of new graduate nurses leave a position within their first year of practice.

(National Council of State Boards of Nursing)



# 21<sup>ST</sup> CENTURY LEARNING METHODOLOGY

CIENCE tells us that in adult learning, most adults learn best by experiencing a blend of engaging, short-segment learning activities that apply directly to their learning needs and experience across three domains: cognitive, affective, and psychomotor.

This methodology has been proven in our Maine Nursing Preceptor Education Program. Each of our three strategic initiatives is a blended-learning program that adheres to best practices in the implementation of adult learning principles.

- □ A mix of learning formats, such as online modules and live workshops
- **D** Several interactive styles of content delivery
- Interactive, short-format online learning that keeps learners engaged
- **D** Roles for the learner as an active leader in his/her education

#### DETERMINE SCOPE

- Discovery
- Research
- Convene statewide pilot advisory team and build networks

#### PLAN

- Develop two-pronged needs assessment
- Administer needs assessment
- Analyze needs assessment results
- Develop education

#### MOTIVATE and Time To Ask are here



#### EXECUTE

- Implement education
- ► Gather and analyze results
- Develop post-program evaluation tools



Our programs are guided by experts in adult learning principles and instructional design.

Left: R. Gino Chisari, RN, DNP Chief Learning Officer — Nursing

Below: Robert Birnbaum, MD, PhD Co-chair



#### REFINE

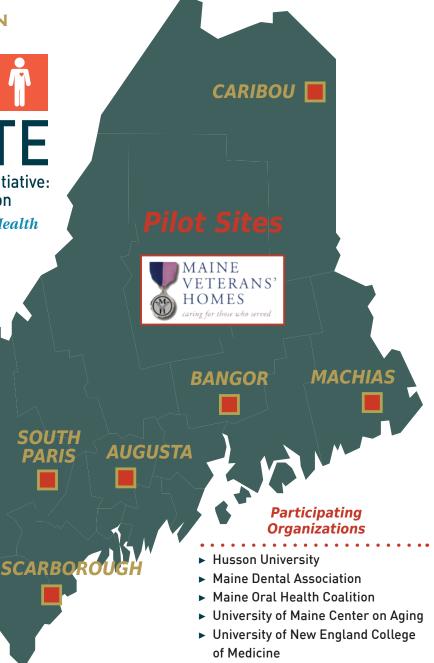
- ► Forecast, sustain and scale
- Disseminate and publish

Nursing Preceptorship is here

# **MOTIVATE** Maine's Oral Team-Based Initiative: Vital Access to Education

**Oral Health Leads to Total Health** 

N 2015, our MOTIVATE pilot advisory team guided the development and implementation of our needs assessment research. The goal of our research is to identify specific opportunities where education can improve the oral and overall health of residents in long-term care settings.



### WHY MOTIVATE?

- Maine is the oldest state in U.S.
- A high number of older veterans live in Maine
- **D** There are oral health disparities among residents of long-term care facilities, homebound, and non-institutionalized adults
- Most oral diseases are preventable and costly
- Oral health is important to quality of life and dignity

Lunder-Dineen has a special focus on older adults and veterans in Maine. The Maine Veterans' Homes present a unique opportunity to work with an interprofessional team on developing and piloting evidence-based practices that improve quality of life and overall health.

Lunder-Dineen extends our gratitude to these organizations for supporting this initiative:





Demi Kouzounas, DMD



The Lunder-Dineen team at the Oral Health 2020 DentaQuest National Network Gathering



Leonard Brennan. DMD: Marilvn Gugliucci, PhD; Rodney Larson, PhD, RPh

# TIME TO ASK

**Education that transforms** conversations about alcohol use

N 2015, our Time to Ask pilot advisory team made substantial progress on the framework, research tools and implementation plan for our needs assessment research. The goal of our research is to identify specific opportunities where education can enhance how health care professionals have conversations with patients about alcohol use.



School of Public Service

### WHY TIME TO ASK?

- Alcohol is the number one substance of misuse in Maine
- Unhealthy alcohol use is a severe public health issue in Maine that is often underidentified and undertreated
- **D** Few health care professionals receive any training on screening and treatment for unhealthy alcohol use
- A high percentage of hospital visits and primary care visits are alcohol related
- Alcohol is identified as a Group 1 carcinogen by the World Health Organization.





Mary Lindsey Smith, PhD, MSW; Mark Publicker, MD, FASAM

▶ In fall 2015, Lunder-Dineen launched its first online learning activity that features John Kelly, PhD, associate director, Center for Addiction Medicine, Massachusetts General Hospital. The activity follows recommended adult learning methodologies with short, engaging video segments.

See the activity at lunderdineen.org/ impacts-unhealthy-alcohol-use.

# COMMUNITY OUTREACH

In 2015, Lunder-Dineen made an impact in terms of educating colleagues across Maine and beyond about our work.

## IN MAINE

#### Maine Quality Counts' QC2015

In April, Lunder-Dineen led a breakout session to share the structure and thinking behind our MOTIVATE initiative. This enables others in Maine to consider the value of establishing collaborative partnerships and the potential for adapting our model to a wide range of community-based health initiatives.

University of New England's 25th Annual Geriatrics Conference

In June, we led an in-depth discussion



about MOTIVATE with dozens of professionals who share a keen interest in older adult health.



#### Maine Oral Health Coalition

Lunder-Dineen was a quest at this group's recent quarterly meeting and shared information with members on our MOTIVATE initiative.



7th Annual OMNE (Organization of Maine Nurse Leaders) Annual Meeting

Lunder-Dineen Chief Learning Officer R. Gino Chisari, RN, DNP, delivered a keynote presentation on Enough is Enough: A Leader's Guide To Creating a Bully Free Environment.



Carole MacKenzie, RN, BSN, MEd

### NATIONALLY

. . . . . . . . . . . . . . . .

American Society on Aging (ASA) Aging in America Conference

MOTIVATE pilot advisory team member Leonard Brennan, DMD, presented a session on older adult oral health.

#### Oral Health 2020 DentaQuest National Network Gathering

The Lunder-Dineen team led a breakout session about our MOTIVATE initiative for leaders and organizations involved in oral health.

#### **OMNE** Maine **Nursing Summit**

Lunder-Dineen Professional Development Specialist Carole MacKenzie, RN, BSN, MEd, led a poster presentation on our Maine Nursing Preceptor Education Program.



# In Memoriam



JAMES B. HANLEY, DMD November 1949 – May 2015

R. HANLEY was dean and professor at the College of Dental Medicine of the University of New England, and a member of our MOTIVATE pilot advisory team. He contributed to the design and implementation of Lunder-Dineen's presentation at the 2015 Annual UNE Geriatrics

Conference. He also offered helpful guidance in incorporating the Triple AIM into the work of MOTIVATE by serving as a strong advocate to assure the work remained efficient, effective and patient centered.

His expertise, leadership and career-long advocacy for emerging leaders in the dental profession will be missed.



# GLIMPSE AT 2016

ACH YEAR we work closely with our pilot advisory teams to implement sustainable, scalable programs that can be expanded across settings and across the continuum of care. We're pleased to share that Lunder-Dineen has been invited to present both
regionally and nationally about our organization and our strategic initiatives.

In 2016, we will build on the momentum created by the launch of our Maine Nursing Preceptor Education Program. We will review participant evaluations from our fall 2015 program and work with our pilot advisory team to enhance the program where needed. The program will run in both spring and fall of 2016, which allows us to educate at least twice the number of nursing professionals as we did in 2015.

For our Time to Ask initiative, goals for 2016 include completing a thorough analysis of our needs assessment research and developing an educational model to address identified gaps. We will work closely with our pilot advisory team, our pilot sites, and other partners to ensure the model raises awareness, changes attitudes, and addresses the gap between education and treatment of unhealthy alcohol use.

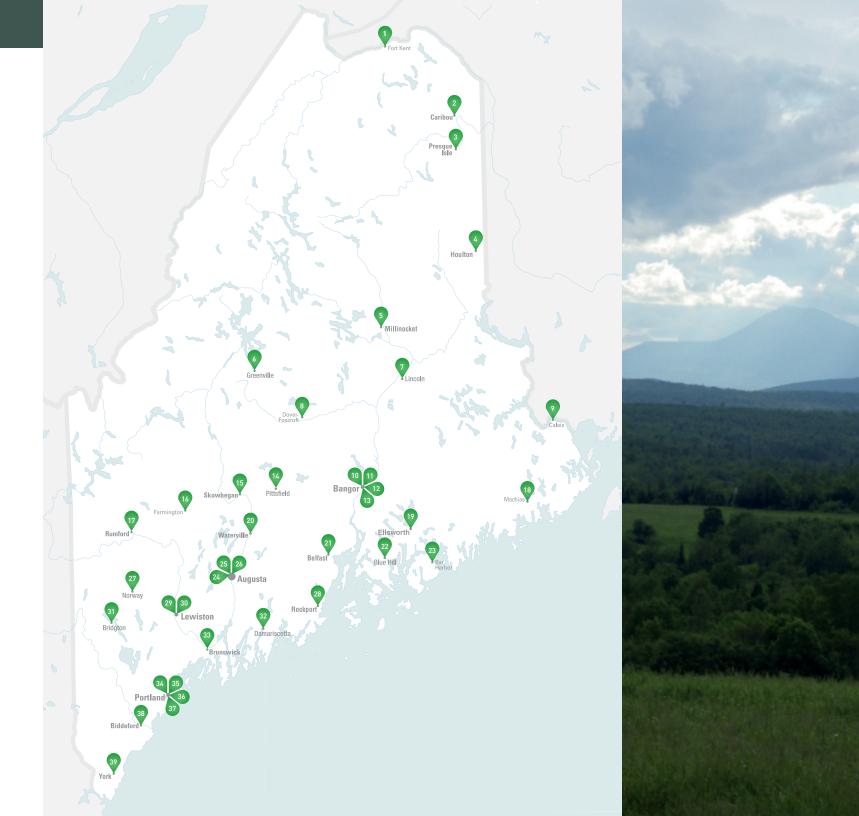
Our MOTIVATE initiative raised its awareness and support in 2015 from older adult health experts and local, regional and national oral health organizations. We will accelerate that progress in 2016 by developing and launching an interprofessional, blended-learning educational model. Our completed needs assessment research will guide our strategy, and our model will be designed to improve oral and overall health for residents in long-term care settings and advance the skills and expertise of health care professionals.

### HOSPITALS OUR FOOTPRINT

Over the last five years, we've met with every hospital in Maine – from frontline clinicians up to health system leadership, and from Fort Kent down to York. This ensures we have perspective from all over Maine and access to all kinds of experts as we develop health education programs tailored to the unique needs of Maine.

- 1. Northern Maine Medical Center
- 2. Cary Medical Center
- 3. The Aroostook Medical Center
- 4. Houlton Regional Hospital
- 5. Millinocket Regional Hospital
- 6. CA Dean Memorial Hospital
- 7. Penobscot Valley Hospital
- 8. Mayo Regional Hospital
- 9. Calais Regional Hospital
- 10. Eastern Maine Medical Center
- 11. Acadia Hospital
- 12. Dorothea Dix Psychiatric Hospital
- 13. St. Joseph Healthcare
- 14. Sebasticook Valley Hospital
- 15. Redington-Fairview Hospital
- 16. Franklin Memorial Hospital
- 17. Rumford Hospital
- 18. Down East Community Hospital
- 19. Maine Coast Memorial Hospital
- 20. Inland Hospital

- 21. Waldo County General Hospital
- 22. Blue Hill Memorial Hospital
- 23. Mount Desert Island Hospital
- 24. Riverview Psychiatric Center
- 25. MaineGeneral Medical Center
- 26. VA Maine Healthcare
- 27. Stephens Memorial Hospital
- 28. Pen Bay Hospital
- 29. Saint Mary's Regional Medical Center
- 30. Central Maine Medical Center
- 31. Bridgton Hospital
- 32. Miles Memorial Hospital
- 33. Mid-Coast Hospital
- 34. Spring Harbor Hospital
- 35. Mercy Hospital
- 36. Maine Medical Center
- 37. New England Rehab Hospital of Portland
- 38. Biddeford Medical Center
- 39. York Hospital



### **OTHER STAKEHOLDERS** OUR FOOTPRINT

We have met with more than 70 health care organizations, advocacy groups, legislators, educators, and community-based health care professionals and practices who represent all regions of Maine. They have contributed invaluable information to our ongoing needs assessment and they have full access to all of Lunder-Dineen's current educational resources.

#### Health Care Organizations

- 1. Case Management Society of New England, Maine Chapter\*
- 2. Daniel Hanley Leadership Institute
- 3. Inland Hospital Medical Group
- 4. Maine Action Coalition\*
- 5. Maine Disaster Behavioral Health
- The Maine Healthcare Association
- 7. The Maine Hospital Association
- 8. Maine Medical Association
- 9. Maine Military and Community Network
- 10. Maine Partners in Nursing Education and
- Practice\* 11. Maine Primary Care Association
- 12. Maine Quality Counts
- 13. Maine Resilience Building Network\*
- 14. Maine Veterans Homes
- 15. Maine Vets Centers
- 16. Mainely Girls
- 17. Martin's Point Health Care
- 18. OneMaine Health Collaborative\*
- 19. Organization of Maine Nurse Executives
- 20. Society for Social Work Leadership in Healthcare

#### Government

- 21. Congressman Mike Michaud
- 22. Maine Centers for Disease Control
- 23. Maine Department of Health & Human Services – Office of Substance Abuse and Mental Health Services
- 24. Senator Angus King's Office
- 25. Senator Susan Collins' Office

#### Education

- 26. Maine Concussion Management Initiative
- 27. Maine Science Festival
- 28. Southern Maine Community College
- 29. University of Maine

- 30. University of Maine at Augusta
- 31. University of New England 32. University of Southern Maine

#### Philanthropic

- 33. The Betterment Fund
- 34. The Bingham Program
- 35. The Libra Foundation and Pineland Farms
- 36. Maine Health Access Foundation
- 37. Sam L. Cohen Foundation

#### Insurance

38. Maine Community Health Options

#### Older Adult Health

- 39. The Alzheimer's Association. Maine Chapter
- 40. Continuum Health
- 41. Dirigo-Maine Geriatric Society\*
- 42. Dirigo Pines Retirement Community
- 43. Elder Independence of Maine/SeniorsPlus
- 44. Maine Association of Area Agencies on Aging\*
- 45. Maine Gerontological Society\*
- 46. Penobscot Community Health Care:
- Community Care/Geriatrics
- 47. Spectrum Generations
- 48. University of Maine Center on Aging
- 49. University of New England Geriatric Education Center

#### Primary Care and Community-Based Programs

- Federally Qualified Health Centers
- 50. Bucksport Regional Health Center
- 51. Eastport Health Center
- 52. Penobscot Community Health Center
- 53. Pines Health Services
  - 54. Sacopee Valley Health Center

- **Outpatient Mental Health Services**
- 55. Spurwink Adult Mental Health Services
- 56. Sweetser Adult Mental Health Services

#### Substance Use Disorder Services

57. Mid Coast Addiction Resource Center

#### **Oral Health**

- 58. Caring Hands of Maine Dental Center
- 59. Leonard Brennan, DMD
- 60. Maine Dental Association
- 61. Oral Health Program, Maine Centers for
- Disease Control
- 62. Penobscot Community Health Center: Dental Center

#### **EMS/Disaster Services**

- 63. Boothbay Region Ambulance Service
- 64. Maine Disaster Behavioral Health
- 65. Maine Emergency Management Agency

#### Family Practice

- 66. Four Seasons Family Practice
- 67. Redington-Fariview Family Practice and
- Occupational Medicine

#### Indian Health Services

68. Pleasant Point Tribal Health Center

#### Public Health Services

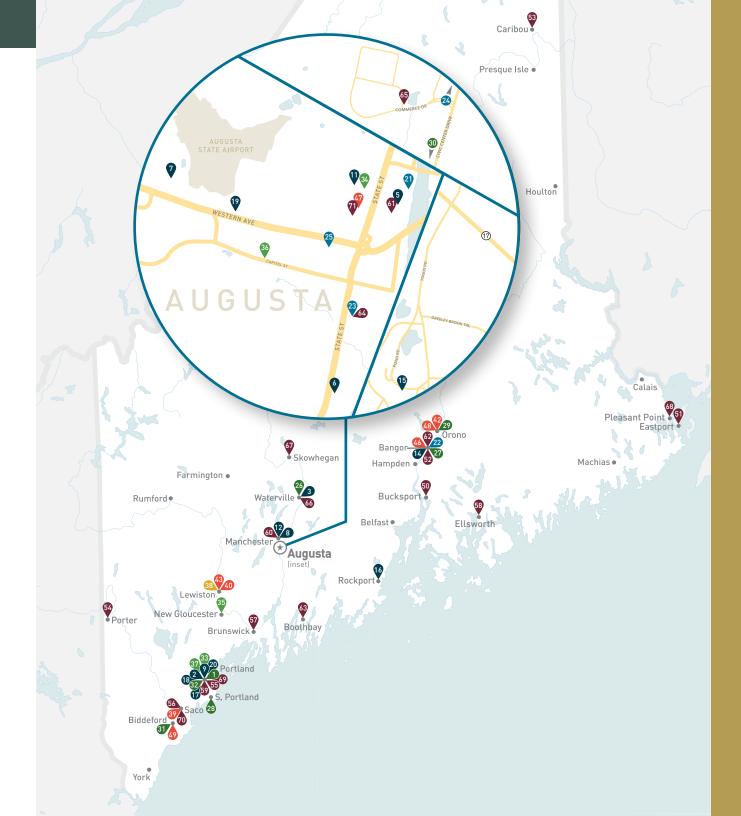
69. India Street Public Health Program

#### Home Health Care

- 70. Home Health Visiting Nurse of Southern Maine

#### Legal

- 71. Pine Tree Legal
- \*Comprises groups of health care professionals
- from various employers, stakeholders, roles and
- practice settings across Maine





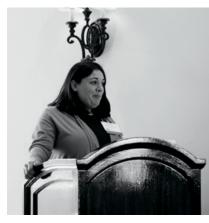


 "Great work! This mission of the MOTIVATE initiative is so very important. Recently, I was doing a home visit with a beautiful 92-year-old terminally ill patient. She asked me if there will ever be oral health care for seniors 'who need help so badly.' I have never been able to say 'Yes' until now. When I saw her smile, it gave me a sense of comfort to know that our efforts are a gift and not work. I am so proud to be a part of MOTIVATE."

> Leonard Brennan, DMD General dentist and older adult oral health expert, Portland, ME; Co-Director, Dental Geriatric Fellowship Program, Harvard University













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www.LunderDineen.org

